

South West Clinical Senate Council Meeting, 15 January 2015, Exeter

The question

The NHS 5 year forward view highlights the need to address the prevention agenda to improve health and wellbeing:

“The health and wellbeing gap: if the nation fails to get serious about prevention then recent progress in healthy life expectancies will stall, health inequalities will widen, and our ability to fund beneficial new treatments will be crowded-out by the need to spend billions of pounds on wholly avoidable illness.”

“It has previously been estimated the NHS could reduce its overall sickness rate by a third – the equivalent of adding almost 15,000 staff and 3.3 million working days at a cost saving of £550m”

Deliberation

‘What are the 5 top public health interventions the Senate would recommend for adoption by NHS Organisations:

- *For patients and service users using our services*

and

- *For employees and their families*

‘What is the % change in the recommended indicators over a 5 year period and how will this be implemented’

The Advice

The South West Clinical Senate recommendations:

Patient Focus

1. It is recommended that CCG five year plans clearly articulate the prevention contribution in long term spending plans to improve patient outcomes in line with the needs of local populations and recommendations from the Director of Public Health.
2. Clear prevention and Public Health principles should be incorporated into new models of care developed in partnership with Public Health professionals as part of the Five Year Forward View plan.
3. The Senate recommends that commissioners consider taking steps to encourage all provider organisations to re-focus on their responsibility for ‘making every contact count’ including

within referral pathways principles of behaviour change and where appropriate, referral to prevention services.

4. The Senate Council recommends that commissioners consider using CQUINs as an instrument for making investment in prevention with their providers.
5. The Senate recommends that CCG investment plans prioritise the prevention agenda with year on year increases in the percentage of funds allocated to this area
6. The Senate recognises the importance of promoting a closer working relationship between NHS and Public Health and pledges to incorporate these principles into future recommendations.

NHS Organisation Focus

1. The senate recommends that all organisations within the health system in the South West including those with no direct patient care, embrace the prevention challenge in the five year forward view
by;
 - (a) Auditing their organisation against the Health and Wellbeing Charter <http://www.wellbeingcharter.org.uk/index.php> by the end of 2015/16 financial year and developing a plan to address identified gaps. (
 - b) Incorporating a health and well being question in future staff surveys.
2. The Senate recommends that commissioners consider the development of a CQUIN to promote workplace Health and Wellbeing.
3. The Senate recommends that all NHS funded organisation identify high-level champions to raise the profile of workforce health. The Senate recommends that all NHS funded organisations encourage ideas from within the workforce to challenge existing practice and identify and promote innovative ways of promoting workforce wellbeing.
4. The Senate recommends that all organisations access Public Health England's evidence base which will enable them to support a more pro-active approach to workplace-based health and well-being.
5. The Senate recommends that all NHS funded organisations encourage their employees to model positive behaviours around lifestyle choices.

The Senate urges organisations to strengthen existing and foster new relationships with Public Health and to incorporate this advice and these principles into current and future development plans. The Senate will work with PHE to develop (an) exemplar CQUIN(s) for commissioners to consider.



South West
Clinical Senate

It is recognised that implementation of the advice may be challenging, however the evidence is clear that organisations which have successfully embraced these agenda benefit from increased productivity and efficiency.