University Hospitals Plymouth

# Reflections from Secondary care

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# Key challenges and problems: who's responsibility is it?

#### Patient

- Comorbidity and polypharmacy
- Patient education
- HCPs: prescriber education
  - Indications and diagnosis
  - Pharmacology
- Trust
  - TTA accuracy
  - Follow up (1 and 2 care)
  - Communication effectiveness
- Drugs: Opioids (1 and 2 care)

15% of patients are still taking opioids 3 months after top 10 commonest elective and emergency surgeries





## Barriers and enablers



# **Barriers**

- Workload
- Communication
- Time
- Process

## **Enablers**

- Discharge Medicines Service (DMS)
- Collaboration
- Integrated services
- Enthusiasm
- PMS



# How to improve safety in the future

- Integrated electronic prescribing
  - (Discharge Order Sets)
- Hard stops
  - TTA protocols
- Safety net:
  - electronic
  - human
- Education (1 and 2 care):
  - "Plymouth opioid stewardship"
  - Written Patient information leaflets
  - PMS
  - Junior Dr weekly teaching
- Research & QI
  - Ortho pre-op opioid use
  - Peri-op protocols
  - Bariatric pathway
  - PoPPY



ATTITUDES



### To conclude

- Humans are complicated
- Healthcare is complicated

- Education and enthusiasm
- Efficiency
- Collaboration
- Working together



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